

◇ 2 AESTHETIC REALISM CLASSES ◇

THE GREATEST PLEASURE a person can have is to be able to like the world on an honest basis, and every Aesthetic Realism class teaches how! There are classes in poetry, music, acting, anthropology, education, the visual arts. And there are the two classes described below. They are based on these principles stated by Eli Siegel, the founder of Aesthetic Realism:

1. "All beauty is a making one of opposites, and the making one of opposites is what we are going after in ourselves."
2. "The greatest danger or temptation of man is to get a false importance or glory from the lessening of things not himself; which lessening is Contempt."

===== SATURDAY ◇ JANUARY 12 ◇ 11AM - 12:30 PM =====

Longed For in Marriage: The Oneness of Encouragement & Criticism

UNDERSTANDING MARRIAGE!—A CLASS OPEN TO ALL WOMEN

Taught by There Are Wives: Consultants Barbara Allen, Anne Fielding, Meryl Nietsch-Cooperman

In this exciting class women learn the basis for a kind, successful marriage—and it is the most romantic and practical thing for a wife to know: "The purpose of marriage is to like the world," Eli Siegel explained definitively. He also identified the thing that hurts, even ruins married life: it is that "people have tried to love in a way that would mean less like for the world—in fact, a contempt for it." The upcoming class will discuss these sentences:

Aesthetic Realism sees good will as the aesthetic oneness of encouragement and criticism....One of the reasons husbands and wives can't talk to each other is that these two motives, wanting to be critical and also wanting to be sympathetic or considerate, cannot be managed right: if you're considerate you are not critical, and if you're critical you're not considerate. But in the nature of things there is no reason why one can't be both considerate and critical....The problem of being both compassionate and critical, of being both severe and feathery, is an aesthetic problem, a problem that, if solved, will always be like art.

—ELI SIEGEL, from *The Right of Aesthetic Realism to Be Known* #195 and #770

Fee \$10

===== SATURDAY ◇ JANUARY 19 ◇ 11AM - 12:15 PM =====

People Thousands of Years Ago & Now—Are We Like Them? or, What Can We Learn about Ourselves from a Young Person of New Guinea?

LEARNING TO LIKE THE WORLD—A CLASS FOR YOUNG PEOPLE

Taught by Aesthetic Realism Consultants Barbara Allen and Robert Murphy

Guest Teacher: Arnold Perey, Anthropologist, Aesthetic Realism Consultant

This class for young people between the ages of 5 and 12 teaches that their, and everyone's, deepest desire is to like the world; and that everything—from a flower to mathematics to their mothers—can be used to like the world. Through stories, pictures, and objects from New Guinea, Dr. Perey will illustrate this. He says:

People of every time and place can teach us about ourselves. All people are trying to put opposites together—toughness and gentleness, accuracy and wildness, and many more.

Printing donated

Pre-registration is required for each Learning to Like the World class: by noon of Jan. 18 / Feb. 15. Call 212.777.4490. Fee \$8

AESTHETIC REALISM FOUNDATION ◇

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