

◇ 2 AESTHETIC REALISM CLASSES ◇

THE GREATEST PLEASURE a person can have is to be able to like the world on an honest basis, and every Aesthetic Realism class teaches how! There are classes in poetry, music, acting, anthropology, education, the visual arts. And there are the two classes described below. They are based on these principles stated by Eli Siegel, the founder of Aesthetic Realism:

1. "All beauty is a making one of opposites, and the making one of opposites is what we are going after in ourselves."
2. "The greatest danger or temptation of man is to get a false importance or glory from the lessening of things not himself; which lessening is Contempt."

===== SATURDAY ◆ FEBRUARY 9 ◆ 11AM - 12:30 PM =====

What Big Mistake Do Couples Make about Other People?

UNDERSTANDING MARRIAGE!—A CLASS OPEN TO ALL WOMEN

Taught by There Are Wives: Consultants Barbara Allen, Anne Fielding, Meryl Nietsch-Cooperman

In this exciting class women learn the basis for a kind, successful marriage—and it is the most romantic and practical thing for a wife to know: "The purpose of marriage is to like the world," Eli Siegel explained definitively. He also identified the thing that hurts, even ruins married life: it is that "people have tried to love in a way that would mean less like for the world—in fact, a contempt for it." The upcoming class will discuss these sentences:

To dismiss the rest of the human race and say, "I'm going to love Marie" or "I'm going to love Montgomery"—that can never be. The purpose of loving one person is to love people and things in general. What happens most often is that through loving one person, we get to be less interested in people. We have a notion that since we've caged a person, our job of understanding other persons is over. And so the function of love—which is the understanding of people and reality as a whole through the close, musical, complete seeing of one person—is not kept to....Love for a person cannot be dissociated from love for people in general.

—ELI SIEGEL, from *Aesthetic Realism and People*

Fee \$10

===== SATURDAY ◆ FEBRUARY 16 ◆ 11AM - 12:15 PM =====

How Well Do We Listen? or, Do We Want to Like the World through Sound?

LEARNING TO LIKE THE WORLD—A CLASS FOR YOUNG PEOPLE

Taught by Aesthetic Realism Consultants Barbara Allen and Robert Murphy

This class for young people between the ages of 5 and 12 teaches that their, and everyone's, deepest desire is to like the world; and that everything—from a flower to mathematics to their mothers—can be used to like the world. The upcoming class will study the following sentences:

Each of the senses is a means for us to make a one of those biggest of opposites: our *self* and the *world*....There are the sounds of people, talking, laughing. There are the sounds of birds, footsteps, the gentle rattle of someone's keys. Hearing has the world merge with, get within one person. To like the world, feel and know it accurately, is what we have our senses for....But one of the most frequent forms of contempt is the not listening as people speak—the putting on a show of listening while one's mind is with superior company within oneself.

—ELLEN REISS, from *The Right of Aesthetic Realism to Be Known* #1320

Fee \$8

AESTHETIC REALISM FOUNDATION



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