

# ❖ 2 AESTHETIC REALISM CLASSES ❖

THE GREATEST PLEASURE a person can have is to be able to like the world on an honest basis, and every Aesthetic Realism class teaches how! There are classes in poetry, music, acting, anthropology, education, the visual arts. And there are the two classes described below. They are based on these principles stated by Eli Siegel, the founder of Aesthetic Realism:

1. "All beauty is a making one of opposites, and the making one of opposites is what we are going after in ourselves."
2. "The greatest danger or temptation of man is to get a false importance or glory from the lessening of things not himself; which lessening is Contempt."

———— SATURDAY ❖ MARCH 10 ❖ 11 AM -12:30 PM ————

## *The Mix-up in Every Wife about Coldness & Warmth*

**UNDERSTANDING MARRIAGE!—A CLASS OPEN TO ALL WOMEN**

*Taught by There Are Wives: Consultants Barbara Allen, Anne Fielding, Meryl Nietsch-Cooperman*

In this exciting class women learn the basis for a kind, successful marriage—and it is the most romantic and practical thing for a wife to know: "The purpose of marriage is to like the world," Eli Siegel explained definitively. He also identified the thing that hurts, even ruins married life: it is that "people have tried to love in a way that would mean less like for the world—in fact, a contempt for it." The upcoming class will discuss these sentences:

While people are looking for serenity in love, they want excitement. This is another way of saying we want to be cool and hot at the same time. The relation of coolness to warmth, cold to heat, is a relation in every person. It is a big thing in love. We can get too excited, or we can become cold, and most people are doing one or the other or making a bad mingling of both.

—Eli Siegel, from *Poetry and Love* Fee \$10

———— SATURDAY ❖ MARCH 17 ❖ 11 AM -12:15 PM ————

## *Friends—A Way to Like the World & People!*

**LEARNING TO LIKE THE WORLD—A CLASS FOR YOUNG PEOPLE**

*Taught by Aesthetic Realism Consultants Barbara Allen and Robert Murphy*

This class for young people between the ages of 5 and 12 teaches that their, and everyone's, deepest desire is to like the world; and that everything—from a flower to mathematics to their mothers—can be used to like the world. The upcoming class will study the following sentences:

When you care for somebody, James, you're happy that this person is alive, and you're happy to show your happiness; and you want what that person is to be more and more you; and what you are to be more and more that person; and at the same time, you want to be fair to every other person and every other thing and not to forget about them. In fact, at this time, James, you care for other people more.

—Eli Siegel, from "Caring for Somebody," *Children's Guide to Parents & Other Matters* Fee \$8

**AESTHETIC REALISM FOUNDATION**



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