

❖ 2 AESTHETIC REALISM CLASSES ❖

THE GREATEST PLEASURE a person can have is to be able to like the world on an honest basis, and every Aesthetic Realism class teaches how! There are classes in poetry, music, acting, anthropology, education, the visual arts. And there are the two classes described below. They are based on these principles stated by Eli Siegel, the founder of Aesthetic Realism:

1. "All beauty is a making one of opposites, and the making one of opposites is what we are going after in ourselves."
2. "The greatest danger or temptation of man is to get a false importance or glory from the lessening of things not himself; which lessening is Contempt."

———— SATURDAY ❖ APRIL 14 ❖ 11 AM - 12:30 PM ————

What's Said & Unsaid in Marriage: How Can We Make Sense of These?

UNDERSTANDING MARRIAGE!—A CLASS OPEN TO ALL WOMEN

Taught by There Are Wives: Consultants Barbara Allen, Anne Fielding, Meryl Nietsch-Cooperman

In this exciting class women learn the basis for a kind, successful marriage—and it is the most romantic and practical thing for a wife to know: "The purpose of marriage is to like the world," Eli Siegel explained definitively. He also identified the thing that hurts, even ruins married life: it is that "people have tried to love in a way that would mean less like for the world—in fact, a contempt for it." The upcoming class will discuss these sentences:

Communication is the way a person makes his or her thoughts part of another person's life, or thoughts. The agonizing problem of today is that people can live together for years and really not transmit what they feel to each other. The fields that are not subjects of communication between the ordinary husband and wife are tremendous. All the things that haven't been said and could have been said, if brought together, would dazzle people with their revelatory quality and their beauty, maybe—also their surprisingness. You have to respect and like what you express yourself to before the job of communication can have a fair chance. —Eli Siegel, from *Aesthetic Realism Looks at Things: Communication* Fee \$10

———— SATURDAY ❖ APRIL 21 ❖ 11 AM - 12:15 PM ————

We Run, Sit, & Think!— How Can We Put Together Motion & Rest?

LEARNING TO LIKE THE WORLD—A CLASS FOR YOUNG PEOPLE

Taught by Aesthetic Realism Consultants Barbara Allen and Robert Murphy

This class for young people between the ages of 5 and 12 teaches that their, and everyone's, deepest desire is to like the world; and that everything—from a flower to mathematics to their mothers—can be used to like the world. The upcoming class will study the following sentences:

Do children want only to be active, or do they want to have a oneness of rest and motion? Can every object show them how to do this? If a child running around the classroom is asked to look out the window, and is asked, "Are the clouds both at rest and in motion? Is that how you want to be?"—will that question have meaning for them? It will. —From *An Aesthetic Realism Manifesto about Education* Fee \$8

AESTHETIC REALISM FOUNDATION ❖

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