

◇ 2 AESTHETIC REALISM CLASSES ◇

THE GREATEST PLEASURE a person can have is to be able to like the world on an honest basis, and every Aesthetic Realism class teaches how! There are classes in poetry, music, acting, anthropology, education, the visual arts. And there are the two classes described below. They are based on these principles stated by Eli Siegel, the founder of Aesthetic Realism:

1. "All beauty is a making one of opposites, and the making one of opposites is what we are going after in ourselves."
2. "The greatest danger or temptation of man is to get a false importance or glory from the lessening of things not himself; which lessening is Contempt."

————— SATURDAY ◆ OCTOBER 14 ◆ 11 AM -12:30 PM —————

A Wife's Insistence: What Makes It Right or Wrong?

Taught by There Are Wives: Consultants Barbara Allen, Anne Fielding, Meryl Nietsch-Cooperman

UNDERSTANDING MARRIAGE!—A CLASS OPEN TO ALL WOMEN

In this exciting class women learn the basis for a kind, successful marriage—and it is the most romantic and practical thing for a wife to know: "The purpose of marriage is to like the world," Eli Siegel explained definitively. He also identified the thing that hurts, even ruins married life: it is that "people have tried to love in a way that would mean less like for the world—in fact, a contempt for it." The upcoming class will discuss these sentences:

Insistence is what we all do. Like other aspects of mind, it can be good and bad. We have a possibility of insistence on having our way and to hell with everything else. We have also the insistence which is a good thing: on liking ourselves and understanding things.

A wife can insist on an attitude that she has to her husband, and an attitude her husband should have to her. We need to understand how we can insist on something which is as necessary as a hole in the head.

—Eli Siegel, from *Mind and Insistence*

Fee \$10

————— SATURDAY ◆ OCTOBER 21 ◆ 11 AM -12:15 PM —————

Books Can Take Your Feelings Everywhere!

LEARNING TO LIKE THE WORLD—A CLASS FOR YOUNG PEOPLE

Taught by Aesthetic Realism Consultants Barbara Allen and Robert Murphy

This class for young people between the ages of 5 and 12 teaches that their, and everyone's, deepest desire is to like the world; and that everything—from a flower to mathematics to their mothers—can be used to like the world. The upcoming class will study the following sentences:

Can you think of anything, James, that can't get into a book?...People are likely any day to get new thoughts or happenings into a book....If you read a book about the sea, it can go pretty far in making you feel the mist on the water, the motion of the ship, the dark look of the sky, the wind that soon may be rising....When we read books our minds "go out" more, work more, to have things happen to us....Books can show that life can make sense, while it makes you wonder, and think, and hope, and see what is right under your feet.

—Eli Siegel, from *Children's Guide to Parents & Other Matters*

Fee \$8

AESTHETIC REALISM FOUNDATION



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