

# Acting Classes

## *Acting, Life, & the Opposites*

### Taught by Anne Fielding



**Anne Fielding, as Petruchio**

Director of the Aesthetic Realism Theatre Company in New York City, Ms. Fielding is an Obie Award winner, Chekov's *Ivanov*. She has appeared Off-Broadway including in musical theatre; at the New York and American Shakespeare Festivals (*Romeo and Juliet*, *A Midsummer-Night's Dream*, *Antony and Cleopatra*); and on TV here and in Canada.

**T**he basis of this exciting and practical course—for acting students at all levels—is the following principle of Aesthetic Realism: “All beauty is a making one of opposites, and the making one of opposites is what we are going after in ourselves.”

**S**tudents prepare scenes from the drama of the world—including Shakespeare—and take part in improvisations. And we discuss the technical meaning of these sentences by Eli Siegel, the founder of Aesthetic Realism, in a lesson he gave to actors:

**“Acting shows that you don’t have to be fettered to yourself. You can be other people....Acting is a certain way of taking the contraries of the world. It is a way of being somebody else for the purpose of coming back home immediately. You take a trip in order to find out who you are.”**

**Alternate Mondays, 6:00-7:30 PM •  
Semester, 7 classes, \$60 •  
Audit, per class \$12 •**

**Call 212-777-4490 or Register Online at [www.AestheticRealism.org](http://www.AestheticRealism.org)**