

# ◇ 2 AESTHETIC REALISM CLASSES ◇

THE GREATEST PLEASURE a person can have is to be able to like the world on an honest basis, and every Aesthetic Realism class teaches how! There are classes in poetry, music, acting, anthropology, education, the visual arts. And there are the two classes described below. They are based on these principles stated by Eli Siegel, the founder of Aesthetic Realism:

1. "All beauty is a making one of opposites, and the making one of opposites is what we are going after in ourselves."
2. "The greatest danger or temptation of man is to get a false importance or glory from the lessening of things not himself; which lessening is Contempt."

———— SATURDAY ✦ MARCH 12 ✦ 11 AM -12:30 PM ————

## *Complaint in Marriage: or, Can We Be Both Critical & Kind?*

**UNDERSTANDING MARRIAGE!—A CLASS OPEN TO ALL WOMEN**

*Taught by There Are Wives: Consultants Barbara Allen, Anne Fielding, Pauline Meglino*

In this exciting class women learn the basis for a kind, successful marriage—and it is the most romantic and practical thing for a wife to know: "The purpose of marriage is to like the world," Eli Siegel explained definitively. He also identified the thing that hurts, even ruins married life: it is that "people have tried to love in a way that would mean less like for the world—in fact, a contempt for it." The upcoming class will discuss these sentences:

The being able to mingle criticism with compassion is very difficult....One of the reasons husbands and wives can't talk to each other is that two motives, wanting to be critical and also wanting to be sympathetic or considerate, cannot be managed right: if you're considerate you're not critical, and if you're critical you're not considerate. But in the nature of things there is no reason why one can't be both considerate and critical. The problem of being both compassionate and critical is an aesthetic problem, a problem that, if solved, will always be like art.

[From *Aesthetic Realism and Dissatisfaction*, by Eli Siegel] Fee \$10

———— SATURDAY ✦ MARCH 19 ✦ 11 AM -12:15 PM ————

## *Does Food Show the World Is Our Friend?*

**LEARNING TO LIKE THE WORLD—A CLASS FOR YOUNG PEOPLE**

*Taught by Aesthetic Realism Consultants Barbara Allen and Robert Murphy*

This class for young people between the ages of 5 and 12 teaches that their, and everyone's, deepest desire is to like the world; and that everything—from a flower to mathematics to their mothers—can be used to like the world. The upcoming class will study the following sentences:

A child grows from 12 pounds to 80 pounds through making the world himself. In eating anything, we assimilate the world; that is, the world becomes like ourselves. The fact that we need food in order to have the strength to complain of the world is one of the great signs that the world is more friendly than we know.

[From "An Outline of Aesthetic Realism," by Eli Siegel] Fee \$8

**AESTHETIC REALISM FOUNDATION**



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