

◇ 2 AESTHETIC REALISM CLASSES ◇

THE GREATEST PLEASURE a person can have is to be able to like the world on an honest basis, and every Aesthetic Realism class teaches how! There are classes in poetry, music, acting, anthropology, education, the visual arts. And there are the two classes described below. They are based on these principles stated by Eli Siegel, the founder of Aesthetic Realism:

1. "All beauty is a making one of opposites, and the making one of opposites is what we are going after in ourselves."
2. "The greatest danger or temptation of man is to get a false importance or glory from the lessening of things not himself; which lessening is Contempt."

————— SATURDAY ✦ APRIL 3 ✦ 11 AM -12:30 PM —————

How Much Does a Wife Want Her Husband to Know Her?

UNDERSTANDING MARRIAGE CLASS—OPEN TO ALL WOMEN

Taught by There Are Wives: Consultants Barbara Allen, Anne Fielding, Pauline Meglino

In this exciting class women learn the basis for a kind, successful marriage—and it is the most romantic and practical thing for a wife to know: "The purpose of marriage is to like the world," Eli Siegel explained definitively. He also identified the thing that hurts, even ruins married life: it is that "people have tried to love in a way that would mean less like for the world—in fact, a contempt for it." The upcoming class will discuss these sentences:

A complaint of women all through the years is this: somehow the person they see themselves as being, is not the person their husband sees. They do not feel that they are being known. They cannot say this clearly; but they feel lonely. The husband also feels lonely—because two people have adored each other without being understood. Yet, people think they can do more in being unknown and misunderstood, really, than in being known....Suppose Madeleine says, "Rupert represents the outside world. In marrying him, I want to show myself to him more each week. There is no limit to being known. There is no limit to how much I can like the world through being honest, excitingly honest, with Rupert." Then Madeleine wouldn't get into that discontented, sour state that the Madeleines of America do get into.

[From *Aesthetic Realism and Love*, by Eli Siegel] Fee \$10

————— SATURDAY ✦ APRIL 17 ✦ 11 AM -12:15 PM —————

Does Food Show the World Is Our Friend?

LEARNING TO LIKE THE WORLD—A CLASS FOR YOUNG PEOPLE

Taught by Aesthetic Realism Consultants Barbara Allen and Robert Murphy

This class for young people between the ages of 5 and 12 teaches that their, and everyone's, deepest desire is to like the world; and that everything—from a flower to mathematics to their mothers—can be used to like the world. The upcoming class will study the following sentences:

A child grows from 12 pounds to 80 pounds through making the world himself. In eating anything, we assimilate the world; that is, the world becomes like ourselves. The fact that we need food in order to have the strength to complain of the world is one of the great signs that the world is more friendly than we know.

[From *An Outline of Aesthetic Realism*, by Eli Siegel] Fee \$7

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AESTHETIC REALISM FOUNDATION



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